

The Unicorn



November 1, 2024
Vol.80, Issue 23



Board Corner

Some of the efforts initiated last summer are bearing fruit. Several new committees have begun functioning, and one of them is the Care Team.

[Cont. on pg. 9](#)



What else is inside?

[Upcoming Services & Share the Plate Recipient](#)

[Featured Events for November](#)

[November Birthdays & Anniversaries](#)

[Calendar](#)

November Worship Service Schedule

November 03 at 10:30 AM

“POTUUS: The Oval Office and Unitarian Universalism” lead by Erich Landstrom

Article Six of the Constitution specifies that “no religious Test shall ever be required as a Qualification to any Office or public Trust under the United States.” Consider then our 27th American president William Howard Taft (1909-1913), who went on to appointed be the Chief Justice of the Supreme Court (1921-1930). Taft described his religious beliefs: “I am a Unitarian. I believe in God. I do not believe in the divinity of Christ, and there are many other of the postulates of the orthodox creed to which I cannot subscribe. I am not, however, a scoffer at religion but on the contrary recognize, in the fullest manner, the elevating influence that it has had and always will have in the history of mankind.” This Sunday, we will take inspiration from the words and deeds of President Taft.

November 10 at 10:30 AM

“Living into the Living Systems” lead by Bill Jensen

So many of us want to make positive change in our lives, our families, our communities, our world. But sometimes the forces of inertia and “the way it’s always been done” makes it feel like the system is conspiring against us. With inspiration from gardens, nature, mystics, and radical systems thinkers, we are invited to reframe the ways we create change and “live in” to the living systems that surround us.

November 17 at 10:30 AM

“Transgender Day of Remembrance” lead by Alison Rognas and Courtney Cannon

Service of honor, lament and sorrow for the many precious and beautiful lives of Trans people around the world, stolen by violence, hate and ignorance. We come together as a community to honor them and recognize their divinity and magnificence. They did not deserve to be murdered for living their truth. We gather in anger and renewed commitment to struggle together, with love, so that no one feels alone, and so that the cost of living authentically is not death.

November 24 at 10:30 AM

“Giving Receiving Generously” lead by Erich Landstrom

“We usually think about giving generously, but we think less often about what it means to receive generously. Since we crave having our gifts seen, acknowledged, confirmed, it is an act of generosity to each other to receive each other’s gifts. Together, we can create communities that notice gifts and celebrate them and give them ways to be expressed.”

Share the Plate Offering



Established in 1953, the Florida Council of the Blind (FCB) is the largest self-advocacy and support group of its kind in the state with many local chapters and several special interest affiliate groups, including a Chapter of At-Large Members (CALM) for those who are in an area where there is no local chapter. Our members are of all ages from students to seniors. Since its inception, our primary goals have been to encourage independence and enhance the quality of life of people who are blind/visually impaired. FCB promotes independence by bringing together people who have visual challenges in common at an annual convention. Our gatherings are packed with information on a variety of subjects such as access to information and employment, technological advances, legislative issues, and pedestrian safety.



Donate using link

<https://donorbox.org/support-uufbr> or QR code

"Please write Share the Plate in the comment section when you make your online gift."

Fellowship Events



Game Night

Friday Night November 1st 7:00 pm

Welcome to our exciting Game Night! Gather with fellow gamers for an evening filled with fun, laughter, and friendly competition.

We'll be serving up mouthwatering pizza and refreshing bottled water to keep you fueled for the games ahead. Feel free to bring along your favorite drink to sip while you strategize!

Don't miss out on the fun! Secure your place and your pizza by shooting an email to Deliver2trish@gmail.com.



November 3rd 11:45 AM

For new visitors and those who have been attending for a while, we invite you to join the Welcome Team in an informal conversation

about our faith tradition, the life of the Fellowship and how to get further connected with people and activities. Please reach out to Welcome@UUFBR.org with questions. We look forward to getting to know you better!

As the election draws near, we need each other and our community all the more!

FORWARD TOGETHER
Anchoring in Community Post Election

Wednesday, Nov. 6
5 PT - 6 MT - 7 CT - 8 ET
After Election Day

Date TBD
5 PT - 6 MT - 7 CT - 8 ET
Meaning Making &
Immediate Action

Tuesday, Nov. 19
5 PT - 6 MT - 7 CT - 8 ET
The Way Forward

Register at uua.org/community-resilience-hub

UNITARIAN UNIVERSALIST ASSOCIATION
SIDE WITH LOVE

- The day before the election, **Monday, Nov 4th at 7 pm:** Candlelight Vigil for Democracy - UUFBR Labyrinth
- The day after the election, **Wednesday, Nov 6th:** Join together on the Labyrinth **from 3:00 - 5:00 pm**
- The night after the election, **Wednesday, Nov 6th at 8:00 pm:** Join the UUA's program Forward Together online from your home

The Labyrinth is always available to you. On election day, however, UUFBR is a polling place.

A message from Side with Love - a UUA sponsored public advocacy campaign: As we approach Election Day, it is critical that we come together to nourish our spirits and move in our collective power... We are excited to invite you to join us for [Forward Together: Anchoring in Community Post Election](#), a virtual series designed to offer space for reflection, spiritual grounding, and practical organizing in response to the evolving political landscape.

P.S. Side with Love is a public advocacy campaign that seeks to harness love's power to stop oppression. It is sponsored by the [Unitarian Universalist Association](#) and all are welcome to join. [Subscribe to get updates.](#)



THANKSGIVING BOX BRIGADE

FILL A BOX • FEED A FAMILY

We're proud to help local families in need celebrate a happy Thanksgiving for the 20th consecutive year. We encourage our supporters to fill a box of Thanksgiving dinner essentials (exact quantities and sizes below) and drop it off by Monday, November 18.

Please contact Suzan@BocaHelpingHands.org to reserve your box.



Each box must contain:

- (1) - 6 oz. Stove Top Stuffing Mix
- (1) - 10.5 oz. Canned Gravy (no glass)
- (1) - 1.56 oz. Powdered Drink Mix
- (4) - 15 oz. Canned Vegetables
- (2) - 15 oz. Canned Fruit or Fruit Cocktail
- (2) - 4 oz. Instant Mashed Potatoes Mix
- (1) - 29 oz. Canned Yams
- (1) - 14 oz. Cranberry Sauce
- (1) - 21 oz. Canned Pie Filling
- (1) - 9" Ready-Made Graham Cracker Pie Crust (non-perishable)



Share your Thanksgiving Box Brigade experience with us! Tag @BocaHelpingHands on social media and use the hashtag #TBB or #ThanksgivingBoxBrigade



1500 NW 1st Court, Boca Raton, FL 33432 | BocaHelpingHands.org/Thanksgiving
(561) 417-0913 | [Facebook](https://www.facebook.com/BocaHelpingHands) [Instagram](https://www.instagram.com/BocaHelpingHands) [LinkedIn](https://www.linkedin.com/company/BocaHelpingHands) [YouTube](https://www.youtube.com/channel/UCBocaHelpingHands) @BocaHelpingHands

UUFBR

BOCA HELPING HANDS THANKSGIVING BOX BRIGADE

ALL BOXES ARE TO BE RETURNED BY NOVEMBER 18th

EACH BOX MUST CONTAIN ONLY ITEMS LISTED

PLEASE BRING FILLED BOXES TO CATHY NELSON @ UUFBR OR BRING TO SUSAN JAVIZIAN @ BHH (SOUTH DOORS) SUZAN@BOCAHELPINGHANDS.ORG

DO NOT LEAVE BOXES AT LOADING DOCK

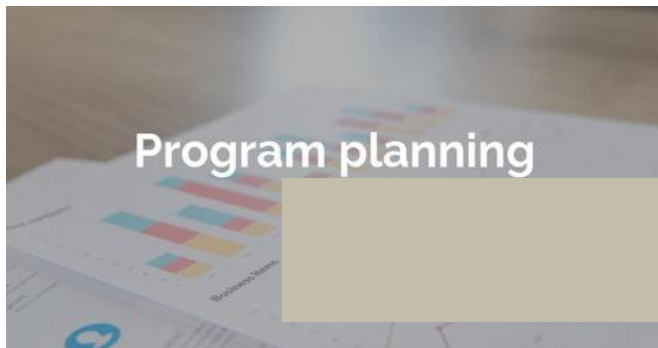
ALL BOXES MUST BE TAPED (TOP AND BOTTOM) WITH PACKING TAPE (I WILL TAPE FOR YOU IF NEEDED)

PIE CRUST ON TOP- UPSIDE DOWN

THANK YOU

If you have any questions

please contact Cathy Nelson by email at catjlowes@gmail.com



Program Planning meeting

November 17 at Noon

in the Parker Room -

all team leaders invited



Book Group

November 20th, 7:00 PM

Hello Book Lovers

Join us on Zoom as we discuss the book for this month which is;

What Alice Forgot by Liane Moriarty

Join Zoom

Meeting: [https://zoom.us/j/99281156440?](https://zoom.us/j/99281156440?pwd=MlkyNF13VjdPUkh4dFNlUaVVKt1BGQT09)

[pwd=MlkyNF13VjdPUkh4dFNlUaVVKt1BGQT09](https://zoom.us/j/99281156440?pwd=MlkyNF13VjdPUkh4dFNlUaVVKt1BGQT09)

Meeting ID: 992 8115 6440 Passcode: 107466



Online Auction

will end on November 23!

Auction Finale and live bidding

Sunday November 24 - 12-2PM

Go to <https://givebutter.com/c/2024UUFBRAuction> to browse and bid.

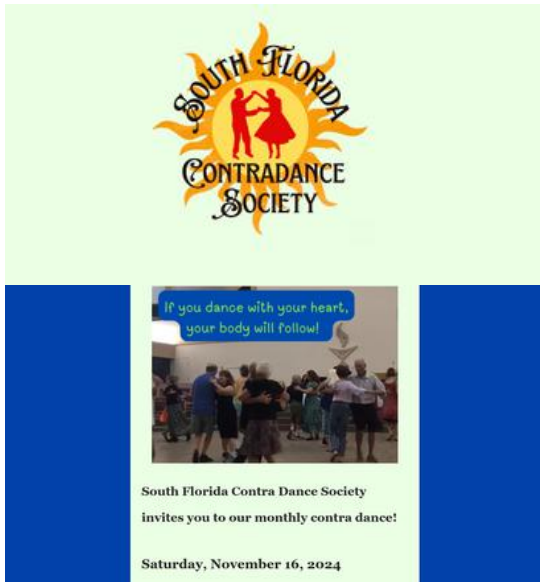
Any questions please contact

Rona Solomon at ronasolomon2@gmail.com



This one session gathering is designed to help you find deeper connection and insight into our Unitarian Universalist community at UUFBR and to answer questions you may have about what it means to be a member. The gathering will provide information to those who may be considering a deeper commitment to Unitarian Universalism and the UUFBR congregation. Whether you have thought about becoming a member, would just like to learn more about what it means, or if you would like to gain a deeper understanding of the Unitarian Universalist faith, then "Becoming and Belonging" is for you!

Sharex Events



Caller: Mandy Albert
Band: Walk Old Shoe
Doors open: 6:30pm
Lesson/Mixer: 7:00pm
Dancing: 7:30pm

Unitarian Universalist
2601 St Andrews Blvd
Boca Raton, FL 33434

\$10 admission
(\$5 for 18 & under, college students, and those facing financial hardships.)
Help boost this event!
Find us on social media (click the icons below)
Don't forget to like us and leave rave reviews in the comments :D

Buy tickets on Eventbrite!
<https://www.eventbrite.com/e/folk-dance-frenzy-contra-21-and-live-music-extravaganza-tickets-1064975623759?aff=erelexpmlt>

External Events



Sunshine Cluster Annual Meeting

Saturday, November 16, 2024, 2:00 pm

Growing Congregations with Peter Bowden
*Promoting Connection, Meaning, and
Membership*

Program Overview:

In today's fast-paced and fragmented world, the need for deep connection, meaningful relationships, and strong communities has never been greater. This program will explore how small group ministries, community-building events, and relational strategies can help your congregation grow in both depth and membership. Peter Bowden will share specific, actionable strategies to support newcomers and foster connections that lead to long-term engagement. Whether you're looking to strengthen small groups, host more engaging community events, or build relationships that grow your congregation, this session will offer practical insights for congregational leaders of all experience levels.

Peter Bowden is known for his work helping Unitarian Universalist congregations grow by promoting connection, meaning, and membership, both online and onsite. He specializes in integrating a wide range of connecting strategies—including digital tools, in-person groups, social media, and small group ministries.

FREE: To Register and receive a Zoom link please send your name & congregation to sunshinecluster2023@gmail.com



"In Loving Memory of Charlie Cormier"



Charlie Cormier passed away on October 15th, in the arms of his loving wife, Ellen. He leaves behind his beloved sister, many cherished nephews and nieces, and a wide circle of friends from various places he called home, including the three UU churches where he was active .

His warmth and kindness touched so many, and he will be greatly missed.

Ellen is profoundly grateful for all the heartfelt notes and phone calls during this difficult time, and she wants everyone to know how much your love and support mean to her.

For those who wish to send her a card, her address is:

1 Celona Dr. Johnston, RI 02919

At the funeral, some dear friends—MaryAnn Germain, Claire Helwig, and Marilyn Falkowski—shared how much Charlie was loved by the UUFBR congregation. They spoke of his generosity, always ready to help, fix things, and work on energy-saving projects.

He was a wonderful friend to so many.

The UU minister beautifully honored Charlie's spirit, and Ellen is surrounded by family and friends as they remember a truly remarkable man.

Music in November: Reflecting, Remembering, and Giving Thanks

This November, the music at UUFBR is tied with themes of community, memory, and gratitude. As we gather each Sunday, these selections bring something special to each service: something we can bring with us into the week.

We kick off the month on November 3 “**POTUUS: The Oval Office and Unitarian Universalism**” with a classic, *Battle Hymn of the Republic*, but with a twist; lyrics by Caroline Severance, a passionate reformer and one of the founders of the First Unitarian Church in Los Angeles. Severance’s words remind us of our call to stand for justice and compassion. Singing this hymn with her words, we connect with that rich history, a fitting start as we look toward the month ahead.



On November 10, in a service themed “**Living into the Living Systems**”, I encourage you to especially feel our congregational response, Hymn #1009, *Meditation on Breathing*. This piece can connect us with nature, with its invitation to breathe in peace and harmony with the living systems all around us. This Sunday’s theme draws inspiration from gardens, nature, and even systems thinkers, encouraging us to reflect on our place in the bigger picture and how we might shape change. *Meditation on Breathing* feels like the perfect choice, grounding us in mindfulness and connection as we think about our role in the world, and how it all comes from peace and love.

For **Transgender Day of Remembrance** on November 17, we’ll listen to *No One is Alone* by Stephen Sondheim, a song that speaks to resilience and solidarity. Its message, that we’re never truly alone, reminds us of the power of community support and of our commitment to being a safe, inclusive place for all. It will be a moment to reflect on those we’ve lost, support those still facing challenges, and strengthen our resolve to create a world of understanding and compassion.

We wrap up the month on November 24 with *Simple Gifts*, a tune that became widely known after Aaron Copland used it for *Appalachian Spring*. This beautiful, humble melody that feels just right for **Thanksgiving**, reminds us to appreciate the “simple gifts” in life, to celebrate the small, meaningful joys that bring us freedom and peace. As we gather in gratitude, this piece nudges us to remember that sometimes the simplest things -friendship, shared meals, a kind word, a smile- are what truly enrich our lives.

Each Sunday, we’ll share music that speaks not only to the themes of the service but to the heart of UU values. Whether it’s a classic, a meditation, or a song of remembrance, each piece is here to lift us, guide us, and remind us of the beauty we create together.

I hope you’ll join us in song and spirit as we journey through November!

Marina Machado
Music Director

"IT Team Monthly Reminders

- Have UUFBR-related technology issues or questions? Email the IT Team itteam@uufbr.org.
- Need to make a change to the website? Email the web team at website@uufbr.org.
- Need to find the online member directory? Go to the Empower Directory at <https://uufbr.empowerchms.com/Members/>.
- Need to login to the Members only portion of the UUFBR website? Click on the Member Login option under the menu in the top right corner. If you do not remember your password, click Lost your password? at the bottom of the page. If you find out that you do not have an account, please email the IT Team and we can create one for you.
- Need to know more about scheduling Zoom meetings? Check out the Google Document, "[Scheduling Zoom Meetings](#)" The IT Team can email you a link to this document upon request."

Thank you,
Louis



REMINDER:

DAYLIGHT SAVINGS

Clocks fall back (go back one hour) at
2 a.m. Sunday, Nov. 3, 2024



Trunk or Treat & Spooky Storytelling was a great success, with huge smiles, beautiful weather and 75 trick or treaters young and old who came out to tailgate. Thank you Lisa, David, Alison, Marina and Heather! And special shout-out for extra candy from Diane and the Prentices.

REGARDS,
Erich Landstrom





Click [here](#) to view Board Minutes. You must be a Member and sign in.

Board of Trustees
Rajeev Arora
Claire Smith
Co-Presidents
Patrick Larson, VP, Facilities
Judy Keiser, Secretary
Bill Jensen - Treasurer
Trustees at Large
Rajeev Arora /
Carole Stephens/ Claire Smith/
Howard Prentice/ Rick Troiano/
Lynn Smith
trustees@uufbr.org
<https://groups.google.com/uufbr-board>

The role of the Care Team of UUFBR, which was introduced to the congregation at the service on October 13, is to act as a bridge for referrals, connecting the congregation to requested pastoral care services, supportive outreach, and/or to services in the community, until an appropriately available minister is hired and on board. The role of the Care Team will be reassessed and adjusted at that time.

At this time, members of the Care Team are Marilyn Falkowski, who sends out cards on behalf of the congregation; Diane Garland, who texts and calls congregants upon request; and Mary Wickensheimer, who also sends texts as requested. I, Claire Smith, am the Board Liaison to the Care Team. Care Team members provide brief listening/companioning, care cards, emails, texts, and/or calls of outreach to those with concerns, and give referral information for accessing community services when it is requested. For congregants who are homebound, Team members may contact them frequently, especially if they are isolated. At the same time, it is important to remember that the Care Team members are volunteers and are not providing counseling. Anyone experiencing a mental health emergency is advised to go to the nearest hospital emergency room or medical facility.

Care team members are attentive to illnesses, hospitalizations, surgeries, deaths in families and other events shared during Sunday services, and respond with cards as appropriate. However, the Care Team also asks your help in reaching out to those in times of need by letting the team know when such needs and events arise in your life or the life of someone you know. To reach the Care Team to request a call, text, card, or referral, send an email to CareTeam@uufbr.org.

Finally, I'd like to let you know about a unique volunteer opportunity presented by the Care Team. There is a great need for the Care Team to expand its scope to include member memorial services. If you are looking for, or open to, a volunteer opportunity that doesn't involve meetings, this could be the perfect one for you. A few reliable volunteers are needed to help set up and take down tables for member memorial services. Frequency of service is impossible to predict, but is estimated to vary between one and three times a year. If you are willing to be of service to grieving families in this way, please reach out by email to careteam@uufbr.org.

Happy Fall!
Claire Smith,
Co-president, UUFBR Board of Trustees



Committees

ZOOM links & descriptions

Board of Trustees

1st Thursday at 7:00 pm
Rajeev Arora, Claire Smith
copresidents@uufbr.org

Use this link to join on Zoom:

[https://zoom.us/j/93768534897?](https://zoom.us/j/93768534897?pwd=WEFNODZBV21Bc25sQWVjUGlmRzdmdz09)

[pwd=WEFNODZBV21Bc25sQWVjUGlmRzdmdz09](https://zoom.us/j/93768534897?pwd=WEFNODZBV21Bc25sQWVjUGlmRzdmdz09)

Meeting ID: 937 6853 4897 Passcode: 114338

Endowment Committee

2nd Thursday at 7:00 pm
Group Contact: Mitch Major: mitchmajor@earthlink.net
The Endowment Fund: Sustaining the Legacy, the Continuity, and the Future of UUFBR and our UU Principles.

Use this link to join on Zoom:

[https://zoom.us/j/92039364170?](https://zoom.us/j/92039364170?pwd=RzRMdjVWOGITMEJjVDU2V0JFTFJGdz09)

[pwd=RzRMdjVWOGITMEJjVDU2V0JFTFJGdz09](https://zoom.us/j/92039364170?pwd=RzRMdjVWOGITMEJjVDU2V0JFTFJGdz09)

Meeting ID: 920 3936 4170[1] Passcode: 361129 One tap mobile:
+19292056099,,92039364170# US (New York)

Landscape Committee

First Tuesday at 7:00 pm
Group contact: Celia Hirsch 561-870-3577

Use this link to join on Zoom:

[https://zoom.us/j/95](https://zoom.us/j/95432721616?pwd=dWNySFF5bTdoN3JSYi9JT1hBTEs0Zz09)

[432721616?pwd=dWNySFF5bTdoN3JSYi9JT1hBTEs0Zz09](https://zoom.us/j/95432721616?pwd=dWNySFF5bTdoN3JSYi9JT1hBTEs0Zz09)

Meeting ID: 954 3272 1616 Passcode: 575795

The Legacy Group

Third Sunday at 1 pm
Group contact: Judy Keiser Zoom Host: itteam@uufbr.org

Use this link to join on Zoom:

[https://zoom.us/j/98795244584?](https://zoom.us/j/98795244584?pwd=d1NuVzZnM05ycDkwVWtQnJyUm1PQT09)

[pwd=d1NuVzZnM05ycDkwVWtQnJyUm1PQT09](https://zoom.us/j/98795244584?pwd=d1NuVzZnM05ycDkwVWtQnJyUm1PQT09)

Meeting ID: 987 9524 4584 Passcode: 388278

IT Team

Meets as needed
Group contact:
Louis Merlin, louismerlin@gmail.com

Use this link to join on Zoom:

[https://zoom.us/j/95229659211?](https://zoom.us/j/95229659211?pwd=SVJUdU93WXJLbEVhSWxuR0duNE9aQT09)

[pwd=SVJUdU93WXJLbEVhSWxuR0duNE9aQT09](https://zoom.us/j/95229659211?pwd=SVJUdU93WXJLbEVhSWxuR0duNE9aQT09)

Meeting ID: 952 2965 9211 Passcode: 023036

Membership Committee

Fourth Wednesday at 3:00 pm
Group contact: Sharon Drew

Use this link to join on Zoom:

[https://zoom.us/j/93534994263?](https://zoom.us/j/93534994263?pwd=WEwwVE0wMHQzZVg2bC9TeU5NMGdwdz09)

[pwd=WEwwVE0wMHQzZVg2bC9TeU5NMGdwdz09](https://zoom.us/j/93534994263?pwd=WEwwVE0wMHQzZVg2bC9TeU5NMGdwdz09)

Meeting ID: 935 3499 4263 Passcode: 232167

Worship Team Meeting

Weekly on Wednesday at 5:00 pm
Group contact: Bill Jensen wmjensen44@gmail.com
Zoom Host: itteam@uufbr.org

Use this link to join on Zoom:

[https://zoom.us/j/94556595523?](https://zoom.us/j/94556595523?pwd=cDE3VkwvMUNSVXo2N3pra0drV25UZz09)

[pwd=cDE3VkwvMUNSVXo2N3pra0drV25UZz09](https://zoom.us/j/94556595523?pwd=cDE3VkwvMUNSVXo2N3pra0drV25UZz09)

Meeting ID: 945 5659 5523 Passcode: 540050 One tap
mobile +13052241968,,94556595523# US

Religious Education Council (RE Council)

RE Council is taking a hiatus until further notice
RECouncil@uufbr.org
This group organizes activities for families with children and promotes religious education for all ages.



**Jim Smith,
November 2**

Best wishes to you on your birthday!

WHAT'S HAPPENING

Everyone is welcome!



SUN	MON	TUE	WED	THU	FRI	SAT
					1 Admin in Office 10 -3pm Friday Night Happy Hour 5pm, Zoom Game night 7pm,	2 The Forum 10am, Zoom
3 Admin in Office 9 -12pm Journey to Spiritual Renewal 9am, Hybrid Worship Service 10:30 am (Zoom also) Newcomer Welcome 11:45am, In person	4 Office closed Cleaning service 8am Pagan Study Group 7pm, Zoom Landscape Committee Meeting 7pm, Zoom Candlelight Vigil for Democracy 7pm, UUFBR Labyrinth	5 Admin in office 10-3pm	6 Admin in office 10 -3pm Ground Maint. 9:30am Join together on the labyrinth 3pm Worship Team 5pm, Zoom Midweek Meditation 8pm, Zoom	7 Board Meeting- Adaptive/ strategic 5:30pm , Zoom	8 Admin in Office 10 -3pm Friday Night Happy Hour 5pm, Zoom	9 The Forum 10am, Zoom
10 Admin in Office 9 -12 pm Journey to Spiritual Renewal 9am, Hybrid Worship Service 10:30 am (Zoom also) Summer Survey Session 11:30 am, Hybrid	11 Office closed Men's group in person 10am Death Cafe 7:30pm, Zoom	12 Admin in office 10-3pm	13 Admin in office 10 -3pm Ground Maint. 9:30am Ukulele Group 2pm, in person Worship Team 5pm, Zoom Choir rehearsal 6:30pm, In person Midweek Meditation 8pm, Zoom	14 Non-violent Communication Practice 12:30 pm, Zoom Outreach Team Meeting 4pm, Zoom Stewardship Meeting 4pm, Zoom Board Meeting- Adaptive/ strategic 5:30pm, Zoom Endowment Committee 7pm, Zoom	15 Admin in Office 10 -3pm Friday Night Happy Hour 5pm, Zoom	16 The Forum 10am, Zoom
17 Admin in Office 9 -12 pm Journey to Spiritual Renewal 9am, Hybrid Worship Service 10:30am (Zoom also) Program planning 12pm, In person The Legacy Group 1pm, Zoom	18 Office closed Cleaning service 8am Pagan Study Group 7pm, In person	19 Admin in office 10-3pm	20 Admin in office 10 -3pm Ground Maint. 9:30am Worship Team 5pm, Zoom Choir rehearsal 6:30pm, In person Book Group 7pm, Zoom Midweek Meditation 8pm, Zoom	21 Board Meeting- Adaptive/ strategic 5:30pm , Zoom Board of Trustees meeting 7:00pm, Zoom	22 Admin in Office 10 -3pm Friday Night Happy Hour 5pm, Zoom	23 The Forum 10am, Zoom
24 Admin in Office 9 -12 pm Worship Service 10:30am (Zoom also) UUFBR Auction Finale and Live bidding 12pm, in person Becoming and Belonging: Membership 101 11:45 am, in person	25 Office closed Cleaning service 8am	26 Admin in office 10-3pm Healing Justice 7:30pm, Zoom	27 Admin in office 10 -3pm Ground Maint. 9:30am Membership Committee 3pm, Zoom Worship Team 5pm, Zoom Choir rehearsal 6:30pm, In person Midweek Meditation 8pm, Zoom	28 Outreach Team Meeting 4pm, Zoom Stewardship Meeting 4pm, Zoom	29 Admin in Office 10 -3pm Friday Night Happy Hour 5pm, Zoom	30 The Forum 10am, Zoom

Groups on hiatus

Movie Group- will return this Fall

Check out our website for more information at

UUFBR.org or scan the QR code below

Please follow us on

[UUFBR Facebook](#) and [Instagram](#)



UUFBR.org

Classifieds

HelpLine 211 is your local Community Helpline & Crisis Hotline Help. 211 HelpLine's caring staff provide crisis intervention, information, assessment and referral to available community resources and services. Calls to 211 are free, confidential and available 24/7 with multilingual capabilities. People of all ages can call for themselves or for others. 211 HelpLine serves Palm Beach, Martin, St. Lucie, Indian River and Okeechobee counties. Also visit www.211palmbeach.org.



How To Use 211 HelpLine

211 is your local Community Helpline & Crisis Hotline

Help.Starts.Here. 211 HelpLine's caring staff provide crisis intervention, information, assessment and referral to available community resources and services. Calls to 211 are free, confidential and available 24/7 with multilingual capabilities. People of all ages can call for themselves or for others. 211 HelpLine serves Palm Beach, Martin, St. Lucie, Indian River and Okeechobee counties. Also visit www.211palmbeach.org.



How To Use 211 HelpLine

211 is your local Community Helpline & Crisis Hotline - Free, Confidential, Available 24/7



Types Of Services Provided By 211:

- ☐ Suicide Prevention, Crisis Intervention
- ☐ Information & Referral
- ☐ Telephone Counseling, Assessment
- ☐ Advocacy Programs
- ☐ Community Resource Database
- ☐ Someone to Listen!

Ways To Reach 211:

- ☐ Dial 2-1-1 or (561) 383-1112 (24/7)
- ☐ Text your questions/concerns & zip code to 898211 (24/7)
- ☐ Chat Online (10 am - 8 pm)
- ☐ Email your questions/concerns to help@211pbtc.org (which will be answered within one business day)
- ☐ Out of area can dial (561) 383-1112 or (866) 882-2991
- ☐ Se Habla Español & Nou Pale Kreyòl
- ☐ What To Expect When You Call:

What If I Just Want To Talk?

SomeTimes life can be overwhelming!
Whether you prefer Text, Online Chat, or the telephone—we're here to listen!
SomeTimes having someone who is not going to judge you or set conditions—someone who simply wants to listen to what you have to say—can make all of the difference!

"We are here for you!"

- ☐ ☐ Phone prompt for language/type of service/ brief hold time
- ☐ ☐ Caring person at the other end of the line who will listen as you describe your concerns or situation
- ☐ ☐ You may be asked to provide your zip code & some demographic information... (for our funding requirements)
- ☐ ☐ Our Resource Specialist will direct you to the appropriate service providers—with referrals given

211 HelpLine is a service of 211 Palm Beach/Treasure Coast, a 501 (c)(3) within the State of Florida. Major funders include: Board of County Commissioners-Palm Beach County; Children's Services Council of Palm Beach County; Palm Beach County Sheriff's Office; National Suicide Prevention Lifeline; The Southeast Florida Behavioral Health Network and Help Me Grow Florida; Town of Palm Beach United Way; United Way of Palm Beach County. Other 211 systems are available throughout the state of Florida and nationally as well. #HelpStartsHere Twitter & Instagram 211_HelpLine and Facebook /211HelpLine

- ☐ ☐ 211 also responds to the 24-hour National Suicide Prevention Lifeline 1- (800) 273-TALK (8255)
- ☐ ☐ Veterans are prompted to press #1 for the Veterans Crisis Line

211PalmBeach.org

Twitter & Instagram 211_HelpLine and Facebook /211HelpLine



Why do people reach out to 211?

- ☐ I'm worried about my aging mom
- ☐ Is my child at the right stage of development
- ☐ I just lost my job
- ☐ My boyfriend hits me
- ☐ The kids at school bully me
- ☐ I'm about to be evicted & don't know what to do
- ☐ I just don't want to live anymore...

Ways To Reach 211:

- ☐ Dial 2-1-1 or (561) 383-1112 (24/7)
- ☐ Text your questions/concerns & zip code to 898211 (24/7)
- ☐ Chat Online (10 am - 8 pm)
- ☐ Email your questions/concerns to help@211pbtc.org (which will be answered within one business day)
- ☐ Out of area can dial (561) 383-1112 or (866) 882-2991
- ☐ Se Habla Español & Nou Pale Kreyòl



"When I called 211, the Specialist who answered took the time to really listen. The help I was able to receive made all the difference in the world -for me and my family!"

Serving those who have given so much! **MYFLVET- 211's newest program, provides Florida's veterans** with peer to peer emotional support, comprehensive information on VA funded programs & services and other available community resources for veterans and their family. Simply dial 2-1-1 & ask for MYFLVET!

Other Free Services Provided By 211:

211's **Help Me Grow** staff provide growth, developmental and behavioral health screenings, with activities and follow up for children (0 - 8 years) online or over the phone. Parents can have peace of mind as **Help Me Grow** staff can also help determine school readiness and provide additional resources and referrals if needed. Dial 2-1-1 to learn more.



211's **Special Needs Helpline** is designed to help parents & caregivers of children with special needs (0 - 22 years) find information, resources and support. 211's Special Needs Advocate provides emotional support while helping parents & caregivers to effectively navigate the confusing maze of available services. Dial 2-1-1 to access the **Special Needs Helpline**.



211's **Sunshine Daily Telephone Reassurance** volunteers provide a quick daily "Hello" to check on the wellbeing of participating senior citizens who are 60 and over or those individuals who may be younger and are housebound/disabled. 211's **Elder Crisis Outreach** program is also available to vulnerable seniors 60 and over, who need assistance in finding crucial services...to learn more simply Dial 2-1-1. **Ask about 211's Caregiver Support Project!**



- ☐ ☐ 211 also responds to the 24-hour National Suicide Prevention Lifeline 1- (800) 273-TALK (8255)
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